



Working Against Violent Environments

Intimate Partner Abuse
Services for Winnebago and Boone counties



**All Services Provided are
Free and Completely Confidential**

WAVE provides services
from Illinois Certified Domestic
Violence Professionals

You Are Not Alone!

**24 Hour Hotline
815-962-6102**

**Safety
Support
Advocacy
Strength
Self Sufficiency**

Our goal is to support abuse survivor as they regain inner strength and rebuild self esteem while they safely set and accomplish life-building goals.



**WAVE is ALWAYS here for you!
1-815-962-6102**

**We have
Illinois Certified Domestic Violence
Professional Counselors
on staff**

**Now Providing Services at
3 Confidential Locations**

Rockford	(815) 962-6102
Rockford East	(815) 962-6102
Boone County	(815) 544-1866

Emotional Abuse

Did you know?

Emotional Abuse involves regular verbal, mental, and psychological tactics used to control an intimate partner/spouse.

Emotional Abuse can include:

Screaming/yelling often right in the face

Mind Games

Not acknowledging abusive behavior

Name calling, put-downs

Making you believe you are worthless

Causing self-doubt

Are you being emotionally abused?

Myth: Abusers who are arrested are likely to injure their partners more severely upon release.

Reality: Arrest is a social consequence for the abuse and often temporarily stops the violence.

Myth: Intimate partner abuse occurs most frequently in low income families.

Reality: The only social factor which increases the likelihood of being abused is gender.
95% of reported abuse survivors are female.

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How to help a friend or family member.....

Use the **ASSIST** Method

Ask direct questions

Set aside personal opinions

Show your support

Inform of helpful options

Safety plan for the future

Trust her to make decisions
for herself



Do Not

- * BLAME THE VICTIM
- * TELL HER/HIM TO LEAVE OR GET DIVORCED
- * ASK VICTIMS WHY THEY STAY

**ABUSE INVOLVES PROGRESSIVE
CONTROL AND MANIPULATION**

It takes time to become
controlled by another person,
and it will take time to rebuild
independence.

Abuse is a Crime!



Effects on Children

Children who witness regular abuse of a parent often experience similar social and psychological effects as children who are physically abused themselves.

Children of the same gender as an abusive parent are 6 times more likely than children in healthy families to become abusers as an adult.

How Can WAVE Help?

All services for survivors of intimate partner abuse and their children are free and confidential.

**24 Hour Crisis Hotline
(815) 962-6102**

Safe, Temporary Shelter

**Individual Counseling
(By appointment)**

Women's Support Groups

**Children's Counseling
and Groups**

**Community Outreach
and Education**

Professional Training

**Assistance with Orders of
Protection and Legal Advocacy
(815) 516-2447**

Medical Advocacy

How Can You Help?



WAVE, a 501(c)(3) non profit agency, helps nearly 2,000 area victims of domestic violence and their children every year. WAVE offers case management, education, advocacy, and emergency shelter for victims of domestic violence.

You can help by supporting WAVE with your contribution. Please send your donations to:

WAVE Domestic Violence Program
C/O PHASE Inc. Administrative Offices
516 Green Street
Rockford, IL 61102

A portion of WAVE's funding is provided by:

Illinois Department of Human Services

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